## WHAT TO PACK

	3-4 sets of work clothes (Long pants are required at work site. Scrubs work well because they are
	lightweight for packing and dry quickly.
	Modest clothing to wear after work and on days off at our hostop home. (No tank tops, or muscle shirts)
	Sweatshirt
	1-2 outfits for church services and for being out in the community. (Long pants with collared shirt for
	men; long skirt and blouse or long dress for women).
	Shorts or sleeveless tops are not appropriate except while at our hostop home.
	1-2 pair of work gloves 1 raincoat and/or light jacket
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_	Set of underclothing for each day you'll be gone (you will be responsible for washing these items) 1 pair of sturdy work shoes, boots or tennis shoes . closed toed shoes are required at the work site.
	Sandals are fine anywhere else.
	5 pairs of work socks
_	Swim suit - optional, but we may have a swimming pool at the safari camp. Modest suits only,
	pleaseno bikinis.
	Pajamas
	2-3 bandanas or caps for work site - the sun can get very hot on your head!
	Twin size bed sheets and a blanket, or a sleeping bag. Bedding can be left in Kenya as a donation for the school or community.
	Pillow
	Soap
	Towel and washcloth
	Brush/comb
	Toothpaste and toothbrush
_	Shampoo
_	Feminine supplies
_	Insect repellent
_	Flashlight
	Aspirin and other over the counter medications
_	Sunscreen
	Razor and shaving cream
	Bible, notebook and pen/pencil
	Water bottle for work site marked with your name
	Toilet paper
	Extra batteries
	Anti-bacterial gel or wipes
	Camera, batteries or battery charger, and memory card
	Phone charger
	Day pack for carrying items to construction site Donations (see donation list)
	Money for: souvenirs, church offering, airport food while traveling, tip for bus driver and safari driver.
-	Our dollars go pretty far in Kenya. We recommend \$100 - \$400 spending money depending on how
	many souvenirs you wish to buy! For best exchange rate, bring the newer style \$100 bills.

\* We are allowed to check one bag up to 50 lbs. each for no charge. Make sure to pack an extra change of work clothes in your carry-on bag plus extra underwearõ we once lost our luggage for a week so pack your carry on like that could happen! Also carry on your toiletries, feminine items, medication, passport, and money. Basically anything that you need should you not see your luggage for a while. Do not put anything of value in your checked baggage!